

Patient Name: _____

Telephone #: (_____) _____ - _____

Appointment Date: _____ / _____ / _____

Time: _____ : _____ am / pm

Patient Health Survey

CHECK off the conditions that you have now, or have had in the past.. Please consider completing the form for your spouse and children as they may have the same food sensitivities or infections as you do.

(BioHealth Diagnostic's laboratory Test Numbers)

1

- headaches
- low back pain
- mid back pain
- migraines
- neck pain
- neurological symptoms
- wellness care
- other pain: _____

2 RULE OUT PARASITES

(401 H stool, 398 blood)

- bloating
- constipation
- diarrhea
- various GI symptoms
- rectal itching
- no symptoms

3 RULE OUT H. PYLORI

(401 H & 418 stool & 383 blood)

- acid reflux
- indigestion or nausea
- acne
- intense hunger
- bad breath
- malabsorption
- belching
- migraines
- burping
- morning, painful, or fowl smelling gas
- cancer
- constipation
- overweight/ cannot lose weight
- depression
- poor sleep
- fatigue
- gastritis
- rosacea
- headaches
- ulcers
- heartburn
- upper abdominal pain

4 RULE OUT GLUTEN INTOLERANCE

(230 blood & saliva)

- ADD/ADHD
- Addison's Disease
- Alternating diarrheal constipation
- asthma
- autism
- autoimmune growth retardation
- bone diseases
- celiac disease
- Crohn's Disease
- colitis
- dark circles under eyes
- dental enamel lesions
- depression
- diarrhea
- Down's Syndrome
- dyslexia
- epilepsy
- esophageal symptoms
- failure to thrive
- fatigue
- fibromyalgia
- food sensitivity (ex: soymilk, cows milk)
- gynecological disorders
- headaches
- IBS
- infertility
- learning disabilities
- liver disorders
- malabsorption
- nausea
- otitis media
- pernicious anemia
- postpartum depression
- psychiatric & brain disorders
- RA
- skin diseases
- sleep & behavior disorders
- suicidal thoughts (or attempts)
- thyroid & eating disorders
- undigested food in stool
- vitamin & mineral deficiencies
- vomiting
- weight loss

5 LOW ADRENAL FUNCTION

(201, 205 saliva)

- allergies
- bacterial, fungus or mold infection
- blood sugar imbalance
- chronic illness
- depression
- digestive disorder
- dizziness upon standing
- dry or thin skin
- excessive hunger
- hair loss
- headaches
- heart palpitations
- immune deficiency
- inflammation
- liver disorders
- low blood pressure
- low body temperature
- low sex drive
- mood swings
- parasite infection
- PMS
- poor concentration
- poor memory
- shoulder pain
- sleep disorder
- sweet craving
- thyroid disorder
- weakness
- weight gain/loss

Patient Health Survey

(continued)

Patient Name _____

6 HIGH ESTROGENS

(205, 208 saliva)

- blood sugar imbalance
- bone repair-interference
- depression
- endometriosis
- excessive blood clotting
- headaches
- increased risk for breast cancer
- increased body fat
- infertility
- interference with thyroid hormone
- loss of zinc retention of copper
- low sex drive
- reduced vascular tone
- reduced oxygen in all cells
- risk for endometrial cancer
- salt & fluid retention
- uterine cramping

9 TOXIC LIVER

(218, 820, 821, 802 blood)

- abdominal pain
- altered smell or taste
- ascites (fluid that fills and distends the abdomen)
- autoimmune disorders
- aversion to certain foods
- dark circles under eyes
- fatigue
- fever
- hemochromatosis (too much iron)
- infections (especially viral)
- itching of the skin
- jaundice (yellowness of skin and whites of eyes)
- loss of appetite
- muscle aches
- nausea
- progressive weight loss
- weakness headache
- Wilson's Disease

12 HYPOTHYROID

(218, 820, 821, 802 blood)

- abnormal menstrual cycles
- depression
- dry & coarse skin and hair
- fatigue
- forgetfulness
- high cholesterol
- iodine deficiency
- iodine increase
- weight gain

13 HYPERTHYROID

(212,213,218,231 blood)

- breathlessness
- bulging eyes, "spacy" gaze
- chest pain
- diarrhea or GI upset
- feeling of being too warm all the time
- hair loss
- heart palpitations/accelerated heart rate
- heightened anxiety, irritability, moodiness or depression
- increased appetite
- light or absent menstrual periods, infertility
- muscle deterioration
- nervousness or trembling
- poor sleep yet exhausted
- vision problems or eye irritation
- warm or moist skin
- weight loss

7 LOW ESTROGENS

(205, 208 saliva)

- accelerated aging
- depression
- dry hair, skin, and nails
- fear
- headaches
- heart palpitations
- hot flashes
- mental foginess
- migraines
- poor sleep
- vaginal dryness
- worry

10 LOW PROGESTERONE

(205, 208 saliva)

- anxiety, can't shut down
- endometriosis and uterine fibroids
- heavy menstrual bleeding
- irregular menstrual cycles
- irritability and mood swings
- poor sleep
- tender breasts
- unable to get pregnant
- unable to maintain a pregnancy

11 HIGH PROGESTERONE

(205, 208 saliva)

- bloating
- breast tenderness
- decreasing insulin sensitivity
- depression
- raising insulin levels
- reducing libido
- weight gain

8 IMMUNITY

(2055, 301, 302, 335, 340,341,344,365,390, 820, blood)

- _____
- _____

Patients: please list any other health concerns on the back of this form.